



Concerned About Driving After a Diagnosis of Dementia?

Driving following a diagnosis of dementia can be challenging for both the individual and those closest to them. The new **Driving & Dementia Roadmap** is a free online resource created by people living with dementia, family/friend carers, healthcare providers and researchers. This website provides support to help people with dementia and their family/friend carers navigate the many challenges associated with stopping to drive.

Topics you can learn about include:

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| ☐ Understanding how dementia affects driving. | ☐ Dealing with the emotional impact of not driving. |
| ☐ Recognizing when it may be time to stop driving. | ☐ Getting around without driving. |
| ☐ Having productive conversations about stopping to drive. | ☐ Learning about licensing, reporting and other transportation options. |

Visit www.drivinganddementia.ca to learn more.

